



Let's Talk Teenage Pregnancy & Sexuality

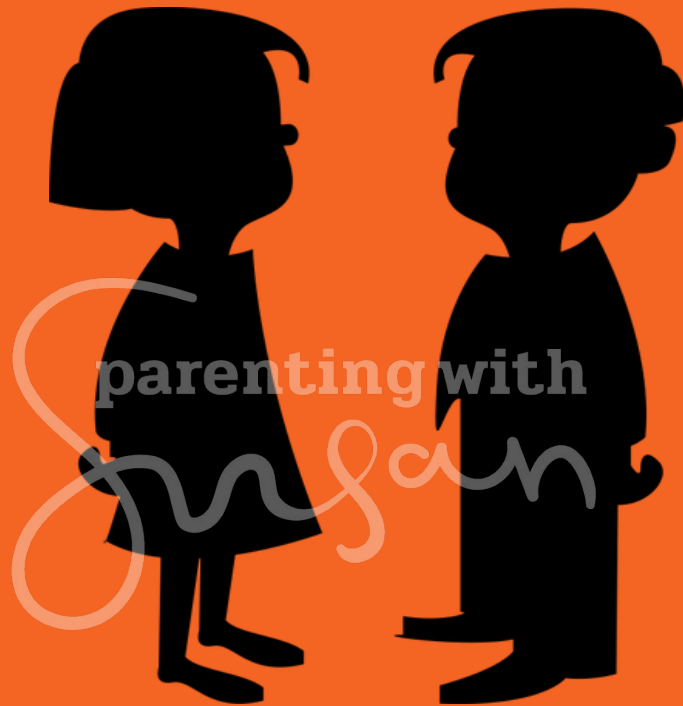


Susan Tayo - Parenting & Teenage Coach

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M29 (F27, M25+, F24, M22)



Starts innocent :-)



TAKING CONTROL:

- 1) Take initiative; ask for a private conversation-let them choose time
- 2) Ask their opinion about sex and sexuality.....truly listen, keep a calm demeanor/face
- 3) Talk about Internet safety, predators, social network sites etc
- 4) Discuss age of consent by the law
- 5) Reiterate your values as a family, moral standards, beliefs
- 6) Be familiar with their friends and relationships....red flag when they are been secretive or shy of anyone
- 7) Give them 'FACTS'...keep your emotions in check***

***Early sexual activity affects self esteem and almost always causes regret later in life

***FACTS:

- ❖ **BODY FLUIDS MIX; there is more to sex than mere skin on skin**
1+1 = 2 but could be anything from 3 - 10 or more! You are affected physically by the chemistry of every person with whom you or your partner has had sex with!!!
 - ❖ **Early sex outside of marriage is majorly devoid of COMMITMENT and INTIMACY**
..leads to loneliness and low self esteem.
 - ❖ **BONDING CAPACITY continues to reduce the more partners' you have.**
 - ❖ **Sexual activity falls under sex**
 - ❖ **Risk factors: Alcohol, Drugs, Bullying, Sexting, Web, Peer pressure**
-



Remember Cinderella?





Life happens.....
Consequences!!!

How do you react? Scream? Curse? Beat?





**Or just
break-down;
confused,
disappointed
, sad etc. etc.**

WHAT DO I DO?

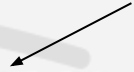
- ❖ **RESPONDNOT REACT!!** Your natural instinctive response of shouting, cursing, crying could be devastating and further break down your relationship. Trust me she doesn't like herself too.
 - ❖ **RECOGNISE AND WORK THROUGH YOUR FEELINGS** (Guilt, Worry, Embarrassment, Disappointment....). You can ask for a breather.
 - ❖ **ACCEPT AND SUPPORT HER-** think of end goal and possible worse scenarios
 - ❖ **KEEP CALM/LISTEN-**don't say a word/count if you must, take a deep breath and keep your mien warm and understanding. This is not about you, it's about your daughter!!
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- ❖ Focus on trying to UNDERSTAND her feelings, reaffirm you're there for her.
 - ❖ Let her know you'll wait until she's ready to walk you through what happened and how she feels. Support her emotionally. Listen without interrupting or judging...ASK what she wants...
 - ❖ WALK HER THROUGH...the pregnancy journey, what to expect, ask non judgemental questions. Think through what your level of involvement will be and discuss.
 - ❖ Forgive, been bitter and angry for 9 months is not an option.
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Will one of these fingers be yours? Or would you become a support and pillar to guide her/him through?

END GOAL

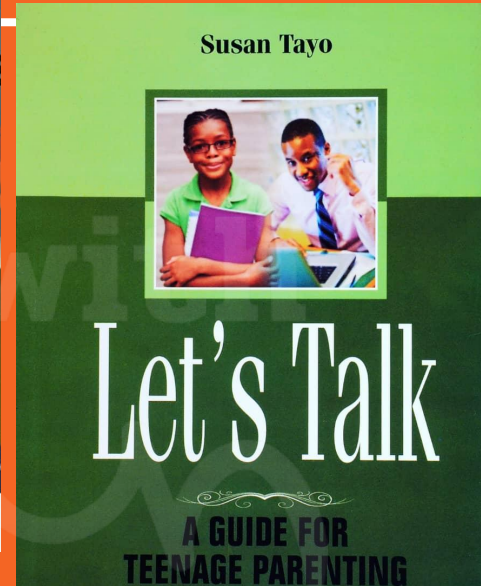


Not an easy
road but
surely a
POSSIBLE one
if we try!



**THANK YOU
AND SEE
YOU SOON!**

Soft copy Amazon
and Okadabooks

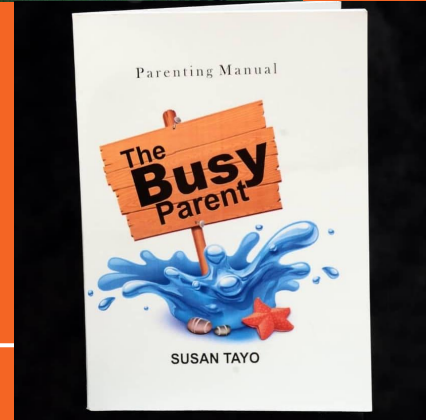


Susan Tayo



Let's Talk

A GUIDE FOR
TEENAGE PARENTING



Parenting Manual

The
Busy
Parent

SUSAN TAYO

5 BOOKS (Hard Copies) COST = N7,800. **TODAY ONLY = N6,000!!**

QUESTIONS:

- 1) *What is the best way to discipline a child?*
- 2) *Why do teenagers prefer to hang out with friends?*
- 3) *Learn how to discuss sex in a christain way. 1 Cor 6: 13, 16-20*
- 4) *How can children identify 'bad' company?*
- 5) *When should we start to teach our children about sex?*

1 Cor 6:13, 16-20

13 You know the old saying, “First you eat to live, and then you live to eat”? Well, it may be true that the body is only a temporary thing, but that’s no excuse for stuffing your body with food, or indulging it with sex. Since the Master honors you with a body, honor him with your body!

16-20 There’s more to sex than mere skin on skin. Sex is as much spiritual mystery as physical fact. As written in Scripture, “The two become one.” Since we want to become spiritually one with the Master, we must not pursue the kind of sex that avoids commitment and intimacy, leaving us more lonely than ever—the kind of sex that can never “become one.” There is a sense in which sexual sins are different from all others. In sexual sin we violate the sacredness of our own bodies, these bodies that were made for God-given and God-modeled love, for “becoming one” with another. Or didn’t you realize that your body is a sacred place, the place of the Holy Spirit? Don’t